

AO SCAN TECHNOLOGY™

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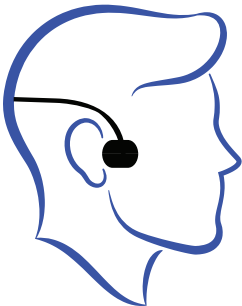
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AO Scan™ Headset Guide

Please note, this is not a fixed guide for every user. We recommend users listen to their body and utilize the preferred headset according to their individual needs.

	 Bone Transducer	 Earphones
EZ Scan™	✓	✓
Quick Scan™	✓	✓
Morning/Midday/ Evening	✓	✓
Energetic Auras	✓	—
3 Minute Boosts	—	✓
Inner-Voice Scan™	—	✓
Vitals Scan™	✓	—
Comprehensive Scan™	✓	—
SEFI™	—	—



For the most accurate scan results, make sure the Bone Conducting Transducer Headset™ is positioned correctly. This type of headset sends vibrations through the jawbone, bypassing the ear. The Bone Conducting Transducer Headset must rest on the listener's cheekbones, in front of their ears.

Usage Suggestion

Below is a suggested usage guide for the AO Scan Technology program.

Please note, this is not a fixed guide for every user. The purpose of this guide is to provide users a general idea on how often each scan can be performed. Scans should be performed depending on the users' individual needs.

AO Scan Technologies	Usage Suggestion
EZ Scan™	Every Day
Quick Scan™	Every Day
Inner-Voice Scan™	1-2 Times per Week
Vitals Scan™	1-2 Times per Week
Comprehensive Scan™	1-2 Times per Week
SEFI™ (Imprint/Broadcast)	Multiple Times per Day

Intro to EZ Scan

The EZ Scan technology is the most convenient and simplest way to perform Inner-Voice, Vitals Scan, Comprehensive Scan, and the associated optimizations all under 6 minutes.

The Inner-Voice technology uses a sound harmonizing technique that generates a balancing audio frequency derived from the voice spectrum in humans to diminish frequencies that are in excess and supplement frequencies that we lack.

The Vitals Scan module is a concise snapshot of the blueprint frequencies being produced by the blood, organs, and systems of the body.

The Comprehensive Scan technology performs a detailed scan of the frequencies from over 130 organs, cells, bones, and chromosomes.

The EZ Scan will also perform the associated optimizations for the Vitals and Comprehensive Scan. Optimization is essential; it will pick up anything out of range and will generate canceling frequencies that help your organs and system achieve a state of homeostasis (complete balance).

The EZ Scan report contains your Inner-Voice, Vitals, and Comprehensive Scan results all in one.

EZ Scan™ Instructions

To access the EZ Scan technology features, select 'EZ Scan' on the AO Scan Mobile homepage.



Bone Transducer Earphones

1. Put your Bone Conducting Transducer Headset in place prior to beginning the scan.
2. On the EZ Scan page, select the 'Start Scan' button to initiate the scan. A 5 second count-down will appear on the screen.
3. When the Inner-Voice recording begins, speak for 10 seconds. Start by announcing your name; for example, "I am [first name] [last name]."
4. When the recording process for Inner-Voice is completed, you will automatically transition to the Vitals Scan.
5. When the Vitals Scan is completed, you will automatically transition to Vitals Optimization.
6. When Vitals Optimization is completed, you will automatically transition to the Comprehensive Scan.
7. When the Comprehensive Scan is completed, you will automatically transition to the Comprehensive Scan Optimization.
8. Your EZ Scan will populate after all the sections have been performed.



Earphones

Use regular earphones to listen to the Inner-Voice Supporting Frequencies in your report.

Intro to Quick Scan™

The Quick Scan technology performs Morning, Midday, and Evening scans. As part of the scan process, you can upload the supplements and therapies utilized in your morning, midday, and evening routines. In addition, you can perform a Custom Scan and a Pet Scan.

The Quick Scan process uses a sound harmonizing technique that generates a balancing audio frequency. The results provide a frequency recording that balances your current emotional state. The results also provide colors and musical tones to assist in creating the balance you need. The color corresponds to the Lightwave Optical™ glasses you need. Low and high octaves will be the frequencies out of range.

This technology feature allows you to upload and add your supplements and therapies so the frequencies associated display in your scan results.

The Quick Scan also has energetic frequencies for clearing and shielding your state of balance and energy. Clearing allows you to eliminate negative vibrations from your surroundings. Shielding protects you against any negative vibrations or energy.

In addition, the Quick Scan conducts 3 Minute Boost sessions to optimize your energetic state for various categories. The frequency boost feature offers the following categories:

- ◆ Super Charge
- ◆ Focus
- ◆ Relax
- ◆ Grounding
- ◆ Neuro Aerobic

The morning, midday, and evening scans, and the additional scan features offered, are designed to be performed every day.

Quick Scan™ Instructions

To access the Quick Scan technology features, select 'Quick Scan' on the AO Scan Mobile homepage.

(AM) Morning Scan



Bone Transducer Earphones

1.

While wearing the Bone Conducting Transducer Headset™, begin the Morning Scan by selecting 'Morning' under the 'Quick Scans' section.

2.

Select the desired supplements to run with the Morning Scan and click 'Next.' These are the supplements you have added to your Supplement Library. If no supplements are listed, you may add supplements and therapies to your library by following the instructions in the section 'Adding Supplements/Therapies to your Library' on page 11.

3.

To continue, select 'Next.'

4.

When you are ready to begin the scan, select 'Scan.' Speak for 10 seconds, starting by announcing your name. For example, "I am [first name] [last name]."

5.

Your Morning Scan results will appear (high octave, low octave, and suggested supplements).



Earphones

Use regular earphones to listen to the 'Morning Audio' provided in your Morning Scan results. This is a 3 minute audio designed to add focus and help jumpstart your day.

Midday Scan



Bone Transducer



Earphones

1.

While wearing the Bone Conducting Transducer Headset, begin the Midday Scan by selecting 'Midday' under the 'Quick Scans' section.

2.

Select the desired supplements to run with the Midday Scan and click 'Next.' These are the supplements in your Supplement Library. If no supplements are listed, you may add supplements and therapies to your library by following the instructions in the section 'Adding Supplements/Therapies to your Library' on page 11.

3.

To continue, select 'Next.'

4.

When you are ready to begin the scan, select 'Scan.' Speak for 10 seconds, starting by announcing your name. For example, "I am [first name] [last name]."



Earphones

Use regular earphones to listen to the 'Midday Audio' provided in your Midday Scan results. This is a 3 minute audio designed to energize your body to help you perform your daily tasks.

(PM) Evening Scan



Bone Transducer



Earphones

1.

While wearing the Bone Conducting Transducer Headset, begin the Evening Scan by selecting 'Evening' under the 'Quick Scans' section.

2.

Select the desired supplements to run with the Evening Scan and click 'Next.' These are the supplements in your Supplement Library. If no supplements are listed, you may add supplements and therapies to your library by following the instructions in the section 'Adding Supplements/Therapies to your Library' on page 11.

3.

To continue, select 'Next.'

4.

When you are ready to begin the scan, select 'Scan.' Speak for 10 seconds, starting by announcing your name. For example, "I am [first name] [last name]."

5.

Your Evening Scan results will appear (high octave, low octave, and suggested supplements).



Earphones

Use regular earphones to listen to the 'Evening Audio' provided in your Evening Scan results. This is a 3 minute audio designed to help you relax and end your day.

Custom Scan



Bone Transducer

1. While wearing the Bone Conducting Transducer Headset, begin the Custom Scan by selecting 'Custom' under the 'Quick Scans' section.
2. Select the desired supplements to run with the Midday Scan and click 'Next.' These are the supplements in your Supplement Library. If no supplements are listed, you may add supplements and therapies to your library by following the instructions in the section 'Adding Supplements/Therapies to your Library' on page 11.
3. To continue, select 'Next.'
4. When you are ready to begin the scan, select 'Scan.' Speak for 10 seconds, starting by announcing your name. For example, "I am [first name] [last name]."
5. Your Custom Scan results will show suggested supplements, if there are supplements in the library.

Pet Scan



Bone Transducer

- 1.** Place the Bone Conducting Transducer Headset on your pet, begin the Pet Scan by selecting 'Pet' under the 'Quick Scans' section.
- 2.** Select the desired supplements to run with the Evening Scan and click 'Next.' These are the supplements in your Supplement Library. If no supplements are listed, you may add supplements and therapies to your library by following the instructions in the section 'Adding Supplements/ Therapies to your Library' on page 11.
- 3.** To continue, select 'Next.'
- 4.** Your Pet Scan results will show suggested supplements, if there are supplements in the library.

Adding Supplements/Therapies to your Library

*No headset needed

1. Click on the button that has your name at the top of the screen.
2. Select the 'Supplements/Therapies' option.
3. Next, click on the plus sign '+' next to the 'Client Supplements/Therapies' title.
4. Select 'Client Specific.'
5. You will be directed to a new page where you will need to input the information of the supplement or therapy you want to add.
6. Click on the plus sign '+' next to the 'Nutrition & Supplement Facts' title to add the nutrition facts of your supplements.
7. To scan your supplements or therapies, select the 'Scan' button.
8. Place your supplement or therapy (in a glass container) on the window that opens after selecting the 'scan' button.
9. Select 'Save' when done.

Adding Pets/Animals to your Library

*No headset needed

1. Click on the button that has your name at the top of the screen.
2. Select the 'Pets/Animals' option.
3. Next, click on the plus sign '+' next to the 'Pets & Animals' title.
4. You will be directed to a new page where you will need to input the information of the pet or animal you want to add.
5. Enter the name of the pet or animal.
6. Select the species.
7. Select the gender.
8. Enter the birth month and year of the pet or animal.
9. Enter the pet ID. If you have purchased Solex's Negative Ion Pet Collars, you will find the ID on the collar. If you have a pet collar of a different brand, the ID may also be found on the collar; however, that is not always the case.
10. Lastly, you will need to take or upload a photo of the pet or animal you are creating the profile for. You can capture the photo by tapping on the photo box. You may also upload a photo by selecting the 'Upload' button.
11. Select 'Save' when done.

Adding Spaces/Objects to your Library

*No headset needed

1. Click on the button that has your name at the top of the screen.
2. Select the 'Space/Objects' option.
3. Next, click on the plus sign '+' next to 'Space and Objects' title.
4. You will be directed to a new page where you will need to input the information of the space or object you want to add.
5. Enter the name of the space or object.
6. Enter a description of the space or object. The description can be anything you want.
7. Lastly, you will need to take or upload a photo of the space or object you are creating the profile for. You can capture the photo by tapping on the photo box. You may also upload a photo by selecting the 'Upload' button.
8. Select 'Save' when done.

Energetic Clearing



Bone Transducer



While wearing the Bone Conducting Transducer Headset™, begin the scan by selecting the 'Clearing' option under the 'Energetic Auras' section. This process will take about 20 seconds to complete.

Energetic Shield



Bone Transducer



While wearing the Bone Conducting Transducer Headset, begin the scan by selecting the 'Shield' option under the 'Energetic Auras' section. This process will take about 20 seconds to complete.

3 Minute Boosts



Earphones



While wearing the earphones, begin any of the 3 Minute Boost audios by selecting any of the options under the '3 Minute Boost' section. The options available include Super Charger, Focus, Relax, Grounding, and Neuro Aerobics.

Intro to Inner-Voice™

The Inner-Voice technology uses a sound harmonizing technique that generates a balancing audio frequency derived from the voice spectrum in humans to diminish frequencies that are in excess and supplement frequencies that we lack.

The Inner-Voice records your voice and analyzes twelve note frequencies C, C#, D, D#, E, F, F#, G, G#, A, A#, and B.

The Inner-Voice report will display three notes or octaves that are excessively out of balance (or over compensated) as well as the main octave that is being suppressed.

The Inner-Voice report will also generate the balancing octaves that can assist to create balance in the body. The report will include 4 audio files (MP3) that correspond to each of the balancing octaves outlined in the report. For maximum benefit, listen to these four audio files two to three times a day on your AO Scan™ device with headphones.

To further strengthen your results, use the recommended colored 'Lightwave Optical™' glasses shown on your report.

Inner-Voice™ Instructions

To access the Inner-Voice Scan technology features, select 'Inner-Voice' on the AO Scan Mobile homepage.

Inner-Voice



Earphones

To use the Inner-Voice Scan, you will need to speak into the microphone of your device. To do this, simply hold your device close to the side of your face, as if you were making a call.

1. Tap the 'microphone' icon at the top of the screen.

2. Speak into the phone for 10 seconds, starting by announcing your name. For example, "I am [first name] [last name]."

3. When the recording has been completed, underneath the graph results, the program will provide your top 3 frequencies, the supporting frequencies, the lowest frequency and its supporting frequency. You can select the supporting octaves and play the tones for each supporting frequency individually. Earphones are recommended when listening to the tones.

4. Tap the 'Balancing Harmonics' button and use your earphones to listen to your balancing frequencies. The Balancing Harmonics audio is about 12 minutes long. To pause the audio, tap the Balancing Harmonics button while the audio is playing.

5. Tap the 'Reports' button to review your Inner-Voice report.

6. Tap the 'Email' button to email your reports. The email button is located next to the 'Reports' button.

Intro to Vitals Scan™

The Vitals Scan mode of the AO Scan Technology™ performs a complete scan of over 550 Blueprint Frequencies™ associated with each bodily function and performs the analysis in under three minutes. This specific scan is a concise snapshot of the Blueprint Frequencies in relationship to the frequencies being produced by the blood, organs, glands, and systems of the body.

To conduct the Vitals Scan, you will need to use the Bone Conductor Transducer Headset™.

The scan generates a 24-page data report. The results display the frequencies that are out of range with any blueprint.

- ◆ **Blood report** – Covers a range of blood measurement and displays frequency levels in range and out of range.
- ◆ **Chakra report** – Displays whether a person's chakra centers are off balance. The report displays each category as frequency levels in range and out of range.
- ◆ **Gastrointestinal report** – Displays the balances or imbalances of the Gastrointestinal system frequencies. It displays frequency levels in range and out of range.
- ◆ **Meridian report** – Displays the imbalances of the 12 Meridian lines. Meridian lines are the energy lines that can be low (blue), normal (green), or high (red) functioning.
- ◆ **Nutritional report** – Displays normal or deficient measurements of mineral, vitamin, amino acid, and enzyme frequencies of the body.
- ◆ **Physical Functionality report** – Displays frequency levels in range and out of range associated with a person's physical ability, bone, muscle, brain and cardiovascular health, hormone, immunity, and organ health.
- ◆ **Toxicities report** – Displays positive or negative frequency levels of toxicities, including possible allergies, bacteria, fungus, heavy metals, and man-made toxins.

Vitals Scan™ Instructions

To access the Vitals Scan technology features, select 'Vitals' on the AO Scan Mobile homepage.

Vitals Scan



Bone Transducer

- 1.** With your Bone Conducting Transducer Headset™ in place, tap the 'Scan' button at the top of the page.
- 2.** When the scan has been completed, tap the 'Optimize Frequencies' button at the bottom of the page.
- 3.** When the frequency optimization has been completed, tap the 'Reports' button to review your Vitals Report.
- 4.** Tap the 'Email' button to email your reports. The email button is located next to the 'Reports' button.

Intro to Comprehensive Scan™

The Comprehensive Scan technology performs a detailed scan of the frequencies from over 130 organs, cells, bones, and chromosomes.

To conduct the Comprehensive Scan, you will need to use the Bone Conductor Transducer Headset™.

The Comprehensive Scan provides a graphical report that displays variances from blueprint homeostasis ranging from 1-9. Numbers 1-4 represent an underactive or hypofunctioning frequencies. Number 5 represents the optimal stage of blueprint balance. Numbers 6-9 represent an overactive or hyperfunctioning frequencies.

Frequency optimization will pick up anything out of range and will generate canceling frequencies that will help your organs and system achieve a state of homeostasis (complete balance).

This mode of technology offers a comprehensive library of information that is constantly being upgraded on a regular basis.

- ◆ **Organs and Cells Report** – Covers the cerebral cortex, brain sagittal, pancreas, prostate, liver, kidneys, lungs, blood, meninges, adrenal, cells, digestive system, skin, thyroid, gastrointestinal, chromosomes, basal ganglia, breasts, female sagittal, mitochondria, rectum, reproductive system, stomach, and urinary.
- ◆ **Vein's report** – Covers the head, upper body, lower body, arms, and legs.
- ◆ **Skeletal report** – Covers the skull, teeth, spine, ribs, arms, legs, pelvis, hands and feet.
- ◆ **Nerve's report** – Covers the brain, head, upper body, lower body, legs, and arms.
- ◆ **Connective tissues report** – Covers the spine, eyes, hips, shoulders, elbows, feet, and knees.
- ◆ **Body parts report** - Covers the muscles, head, arms, legs, hips, torso, neck, heart, ears, and lymphatic system.
- ◆ **Arteries report** – Covers the head, arms, upper body, lower body, and legs.

Comprehensive Scan™ Instructions

To access the Comprehensive Scan technology features, select 'Comprehensive' in the AO Scan Mobile homepage.

Intelligent Scan: Inner-Voice



Bone Transducer

Please note, the Intelligent Scan results are populated based on the reports from the Inner-Voice Scan. If the Inner-Voice Scan is not performed prior to the Intelligent Scan, the Intelligent Scan will not populate results.

1. In the Comprehensive menu page, under the 'Intelligent Scan' section, tap 'Inner Voice'.
2. In the 'Comprehensive Scan List,' tap the 'Select All' button to scan every option, OR tap 'Deselect All' to uncheck all. If you choose to deselect all the options, you can select the specific areas you wish to scan by tapping the box next to the category or the specific body parts.
3. Wearing the Bone Conducting Transducer Headset™, tap 'Scan'. The 'Scan' button is located at the top of the page.
4. When the 3 minute scan has been completed, tap the 'Optimize Frequencies' button at the bottom of the page.
5. When the frequency optimization has been completed, tap the 'Reports' button to review your report.
6. Tap the 'Email' button to email your reports. The email button is located next to the 'Reports' button.

Intelligent Scan: Vitals



Bone Transducer

Please note, the Intelligent Scan results are populated based on the reports from the Vitals Scan™. If the Vitals Scan is not performed prior to the Intelligent Scan, the Intelligent Scan will not populate results.

1. In the Comprehensive menu page, under the 'Intelligent Scan' section, tap 'Vitals'.
2. In the 'Comprehensive Scan List,' tap the 'Select All' button to scan every option, OR tap 'Deselect All' to uncheck all. If you choose to deselect all the options, you can select the specific areas you wish to scan by tapping the box next to the category or the specific body parts.
3. Wearing the Bone Conducting Transducer Headset™, tap 'Scan'. The 'Scan' button is located at the top of the page.
4. When the scan has been completed, tap the 'Optimize Frequencies' button at the bottom of the page.
5. When the frequency optimization has been completed, tap the 'Reports' button to review your report.
6. Tap the 'Email' button to email your reports. The email button is located next to the 'Reports' button.

Intelligent Scan: Complete



Bone Transducer

Please note, the Intelligent Scan results are populated based on the reports from the Inner-Voice and Vitals scans. If the Inner-Voice and Vitals scans are not performed prior to the Intelligent Scan, the Intelligent Scan will not populate results.

1. In the Comprehensive menu page, under the 'Intelligent Scan' section, tap 'Complete'.
2. In the 'Comprehensive Scan List,' tap the 'Select All' button to scan every option, OR tap 'Deselect All' to uncheck all. If you choose to deselect all the options, you can select the specific areas you wish to scan by tapping the box next to the category or the specific body parts.
3. Wearing the Bone Conducting Transducer Headset™, tap 'Scan'. The 'Scan' button is located at the top of the page.
4. When the 3 minute scan has been completed, tap the 'Optimize Frequencies' button at the bottom of the page.
5. When the frequency optimization has been completed, tap the 'Reports' button to review your report.
6. Tap the 'Email' button to email your reports. The email button is located next to the 'Reports' button.

Custom Scan



Bone Transducer

1. In the Comprehensive menu page, under the 'Custom' section, tap 'Custom Scan'.
2. In the 'Comprehensive Scan List,' tap the 'Select All' button to scan every option, OR tap 'Deselect All' to uncheck all. If you choose to deselect all the options, you can select the specific areas you wish to scan by tapping the box next to the category or the specific body parts.
3. Wearing the Bone Conducting Transducer Headset™, tap 'Scan'. The 'Scan' button is located at the top of the page.
4. When the scan has been completed, tap the 'Optimize Frequencies' button at the bottom of the page.
5. When the frequency optimization has been completed, tap the 'Reports' button to review your report.
6. Tap the 'Email' button to email your reports. The email button is located next to the 'Reports' button.

Intro to SEFI™

The Subtle Energy Frequency Imprinter (SEFI) technology is designed to capture, amplify, and imprint subtle energy frequencies, and can either broadcast or imprint those frequencies into any element or item.

The broadcasting and imprinting categories included in this technology are:

- ♦ **Custom Playlist** – Wide selection of audios to imprint or broadcast frequencies simultaneously or individually. Playlists can be customized according to the different programs in the SEFI Module.
- ♦ **Quantum Reach** – Wide selection of categories to imprint or broadcast specific frequencies to emotions and body functions.
- ♦ **Quantum Frequency** – Wide selection of categories to imprint or broadcast frequencies for specific physical functions.
- ♦ **Quantum Affirmations** – Wide selection of affirmative frequencies to balance emotions.
- ♦ **Quantum Flowers** – Frequencies extracted from a wide selection of flowers to target emotional issues.
- ♦ **Quantum Chakras** – Seven different chakra frequencies to balance energy.
- ♦ **Quantum HomeoEnergetix** – HomeoEnergetix frequencies extracted from flowers and other natural elements.
- ♦ **Innergy HomeoEnergetix** – A combination of HomeoEnergetix and energetic frequencies.

SEFI™ Instructions

SEFI Target

*No headset needed

- 1.** To access the SEFI technology features, select 'SEFI' on the AO Scan Mobile homepage.
- 2.** In the SEFI program page, select the client you wish to scan by tapping the dropdown arrow under 'SEFI Target.'
- 3.** To add new clients, tap on the button at the top of the screen on the profile name you are currently using. A dropdown menu will appear. Select the 'Create New Client' option. Fill in the information required to set up a new profile.
- 3.** Return to the SEFI Module to use the SEFI feature on the new target.

Erase





*No headset needed

Before imprinting any frequency or affirmation into an object, it is important to first erase(cancel) the current energy and frequency of that object.

1. Tap the 'Erase' button located under the SEFI™ Target section.
2. Place the object on the center of the device, over the 'fire' image provided.
3. Tap the 'Start' button located below the image.
4. The 'Erase' feature will run for about ten seconds to erase the current energy and frequency of the item. After erasing the energies and frequencies of the object, you will automatically be directed to the SEFI homepage.

Imprint

*No headset needed

-  To imprint any frequency or affirmation to an object, tap the 'Imprint' button located under the SEFI™ Target section.
-  Place the item to IMPRINT above the green 'Start' button. Place the item to COPY below the green 'Start' button.
-  Tap the 'Start' button located at the center of the screen.
-  The 'Imprint' feature will run for about 20 seconds to imprint the item. After imprinting the object, you will automatically be directed to the SEFI homepage.

Custom Playlist



Earphones

1.

In the SEFI menu page, tap the 'Custom Playlist' option.

2.

To create a new custom playlist, select the 'Plus Sign' button right next to 'My Custom Playlist.' Follow the instructions on page 30 to learn how to set up new custom playlists.

3.

Underneath the option 'My custom playlists', select the dropdown menu to see all your playlists. To select a specific playlist, click on the name of the playlist. The dropdown menu will close automatically when the playlist has been selected. The audios included in the playlist you selected will appear below the dropdown menu.

4.

Select the 'Edit' button next to the dropdown menu to edit your playlist. You will be directed to a new page where you can remove or add new audios to your playlist. To remove audios, select the 'X' next to each audio. To add audios, select any audio from the 'SEFI Audio List' located on the bottom half of the screen. Select the 'Save' button when you are done editing your playlist. After clicking 'Save,' you will be directed back to the main Custom Playlist page.

5.

To imprint or broadcast the audios of the playlist one at a time, select the 'Individual' button. This feature will play the audios one after another.

6.

To imprint or broadcast the audios of the playlist at the same time, select the 'Simultaneous' button. This feature will play all the audios in the playlist at the same time.

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Custom Playlist Continued



After selecting either the 'Individual' or the 'Simultaneous' options, you can perform a 20 second imprint, a 2 minute broadcast, or a continuous broadcast of the playlist.



Use earphones for audios that resemble music. Earphones are not necessary if the audio does not resemble musical melodies.

Adding New Custom Playlists



Bone Transducer

You can create up to 10 custom playlists in the Custom Playlist feature. Each playlist can contain up to 10 audios from any of the SEFI audio categories.

1.

To create a new custom playlist, select the 'plus sign' button right next to 'My Custom Playlist.'

2.

To add a name to your playlist, type the name in the white box next to the 'Playlist Name' section. Wearing the Bone Conducting Transducer Headset™, tap 'Scan'. The 'Scan' button is located at the top of the page.

3.

You can select up to 10 audios to add to your playlist. All the audios available are located under the 'SEFI Audio List' section. After selecting an audio, it will automatically be added to the playlist. The name of the audio will appear in the rectangle under the playlist name.

4.

After selecting all the desired audios for your playlist, select the 'Save' button underneath the audio rectangle.

Quantum Reach

*No headset needed

1. In the SEFI™ menu page, tap the 'Quantum Reach' option.
2. Tap the dropdown arrow under 'Select Affirmation' to select the affirmation you want to imprint.
3. Select desired affirmation by tapping on the specific title of the affirmation.
4. Place object on the Fractal Amplifier square.
5. Tap the 'Imprint' button, the '2 Minutes Broadcast' button, or the 'Continuous Broadcast' button to begin imprinting. The 'Imprint' feature will run for about 15 seconds. The '2 Minutes Broadcast' will run for two minutes. The 'Continuous Broadcast' feature will run until the 'Stop' button is selected. It is recommended to run the 'Continuous Broadcast' for 20 minutes or longer.

Quantum Frequency

*No headset needed

- 1.** In the SEFI™ menu page, tap the 'Quantum Frequency' option.
- 2.** Tap the dropdown arrow under 'Select Supportive Harmonics' to select the frequency you want to imprint.
- 3.** Select desired frequency by tapping on the specific title of the frequency.
- 4.** Tap the 'Imprint' button, the '2 Minutes Frequency' button, or the 'Continuous Frequency' button to begin imprinting. The 'Imprint' feature will run for about 15 seconds. The '2 Minutes Frequency' will run for two minutes. The 'Continuous Frequency' feature will run until the 'Stop' button is selected. It is recommended to run the 'Continuous Frequency' for 20 minutes or longer.






Quantum Affirmations

*No headset needed

1. In the SEFI™ menu page, tap the 'Quantum Affirmations' option.
2. Tap the dropdown arrow under 'Select Affirmations' section to select the affirmation you want to imprint.
3. Select desired affirmation by tapping on the specific title of the affirmation.
4. Place the object on the Fractal Amplifier square.
5. Tap the 'Imprint' button, the '2 Minutes Broadcast' button, or the 'Continuous Broadcast' button to begin imprinting. The 'Imprint' feature will run for about 15 seconds. The '2 Minutes Broadcast' will run for two minutes. The 'Continuous Broadcast' feature will run until the 'Stop' button is selected. It is recommended to run the 'Continuous Broadcast' for 20 minutes or longer.

Quantum Flowers

*No headset needed

-  In the SEFI™ menu page, tap the 'Quantum Flowers' option.
-  Tap the dropdown arrow under the 'Select Emotion' section. Select desired emotion by tapping on the specific title of the emotion.
-  If the description provided does not match what you are feeling, tap the dropdown arrow under the 'Select Flower' option to select another flower that matches your feelings more accurately.
-  Place object on the Fractal Amplifier square.
-  Tap the 'Imprint' button to begin imprinting. It will take about two minutes for the imprinting process to complete.

Quantum Chakras

*No headset needed

- 1.** In the SEFI™ menu page, tap the 'Quantum Chakras' option.
- 2.** Tap the dropdown arrow under the 'Select Chakra' section to select a Chakra.
- 3.** Select desired Chakra by tapping on the specific title of the Chakra.
- 4.** Place object on the Fractal Amplifier square.
- 5.** Tap the 'Imprint' button, the '2 Minutes Broadcast' button, or the 'Continuous Broadcast' button to begin imprinting. The 'Imprint' feature will run for about 15 seconds. The '2 Minutes Broadcast' will run for two minutes. The 'Continuous Broadcast' feature will run until the 'Stop' button is selected. It is recommended to run the 'Continuous Broadcast' for 20 minutes or longer.

Quantum Homeopathics

*No headset needed

- 1.** In the SEFI™ menu page, tap the 'Quantum Homeopathics' option.
- 2.** Tap the dropdown arrow under the 'Select Quantum Homeopathics' section to select a frequency.
- 3.** Select desired Quantum Homeopathics frequency by tapping on the specific title of the frequency.
- 4.** Place object on the Fractal Amplifier square.
- 5.** Tap the 'Imprint' button, the '2 Minutes Broadcast' button, or the 'Continuous Broadcast' button to begin imprinting. The 'Imprint' feature will run for about 15 seconds. The '2 Minutes Broadcast' will run for two minutes. The 'Continuous Broadcast' feature will run until the 'Stop' button is selected. It is recommended to run the 'Continuous Broadcast' for 20 minutes or longer.

INNERgy Homeo-Energetix

*No headset needed

1. In the SEFI™ menu page, tap the 'INNERgy Homeo-Energetix' option.
2. Tap the dropdown arrow under the 'Select INNERgy Homeo-Energetix' section to select a frequency.
3. Select desired HomeoEnergetix frequency by tapping on the specific title of the frequency.
4. Place object on the Fractal Amplifier square.
5. Tap the 'Imprint' button, the '2 Minutes Broadcast' button, or the 'Continuous Broadcast' button to begin imprinting. The 'Imprint' feature will run for about 15 seconds. The '2 Minutes Broadcast' will run for two minutes. The 'Continuous Broadcast' feature will run until the 'Stop' button is selected. It is recommended to run the 'Continuous Broadcast' for 20 minutes or longer.

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